

**Bringin'  
some  
HEAT  
to the  
STREET!**



## About Us

We opened Sol Burrito in 2007 with two objectives in mind:  
to create fresh, homemade delicious food,  
and to do so at a reasonable price.

We are committed to using only the highest quality ingredients  
so that you receive the finest possible product.

Here is a small list of the things we are most proud of:  
Our shredded Beef and Pork are roasted "In-House" for 14 hours,  
NOT cooked in a factory and shipped on a truck. Our Chicken is  
marinated overnight with chipotle peppers, fresh lime juice and a  
special blend of spices. We use only organic tofu and Certified  
Angus Beef, and we make all of our guacamole, salsas, and  
sauces fresh every morning. There is no MSG in any of our food  
and we use only Zero Trans Fat cooking oils.

Sol Burrito is "small batch" food and  
you can taste the difference.

*Thanks for choosing Sol Burrito.*

## Hours

Sunday ..... 12 - 8 pm  
Monday ..... 11 - 9 pm  
Tuesday-Saturday ..... 11 - 10 pm

\$2 Local delivery charge \$10 minimum.  
All credit card phone orders are subject to a \$1 surcharge.  
Please pay in cash to receive a \$1 discount.  
Longer distance deliveries (U of R, Strong, etc.) will require  
a \$20 minimum and \$3 delivery charge.  
Prices are subject to change without prior notice.

**521 Monroe Avenue  
Rochester, NY  
Phone (585) 271-6470  
Fax (585) 271-6845**



**Take Out & Delivery**

**271-6470**

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# Starters & Soups

Black Bean Hummus .....	4.79
Smooth & spicy	
Queso-style Spinach & Artichoke Dip ...	5.59
Our zesty version of a classic	
Lucky 7 Layer Dip .....	6.29
Ground beef, refried beans, cheese, tomato, black olives, sour cream & jalapenos (all dips served with fresh homemade chips)	
Sol Rolls (4) .....	5.19
Crispy South Western wontons filled with chicken, beans, corn and cheese with sour cream	
Beef Chili Bowl (seasonal) .....	3.99
Chicken Tortilla Soup .....	3.99
Chips & Salsa .....	1.59
Chips & Guacamole (3 oz.) .....	2.79
Chips & Guacamole (8 oz.) .....	5.99
Rice & Beans .....	1.99

# Salads & Sides

Taco Salad .....	6.79
Lettuce, seasoned ground beef, refried or black beans, cheddar-jack cheese, salsa, chipotle sauce, black olives, tomatoes and sour cream piled on a bed of homemade lime-pepper tortilla chips. Slammin'!	
Side of house chipotle sauce .....	.50
2 oz. Guacamole .....	1.00
3 oz. Guacamole .....	1.49
Double meat .....	1.50
Extra cheese .....	.50
Jalapenos .....	.50
Substitute shredded beef (for any item) .....	.50

# Burritos

A HUGE stuffed and rolled burrito with your choice of homemade refried pinto beans or black beans, lime pepper rice, cheddar-jack cheese, salsa, sour cream, chipotle sauce and cool, crisp lettuce.

(Rock the GUAC! add .75)

Grilled Chicken Burrito .....	6.19
Marinated with chipotle peppers and lime	
Sol Burrito .....	6.49
Seared, slow roasted, and shredded Angus beef	
Monroe Burrito .....	6.19
Seasoned ground Angus Beef	
Carnitas Burrito .....	6.19
Slow roasted pulled pork...Dynamite!!	
Tofu Burrito .....	6.19
Marinated and blackened (a vegetarian favorite)	
Surf Burrito .....	6.59
Breaded shrimp with beans, rice, sour cream, avocado, guacamole, salsa fresca, shredded lettuce and fresh cilantro	
Fajita Burrito .....	6.49
Grilled chicken with sautéed peppers & onions	
Baja Burrito .....	6.19
A vegetarian frenzy of black beans, lime pepper rice, salsa cruda, cheese, scream, guac, avocado and cool, crisp lettuce. Add tofu .....	
Bean burrito .....	4.79

## Sol Bowl (low carb)

Pick any of our burritos served layered in a bowl without the tortilla (fork & knife style)



# Tacos

TWO soft or hard tacos filled and folded with your choice of the following and topped with salsa, sour cream, chipotle sauce, cheddar-jack cheese and lettuce.

(Rock the GUAC! add .75)

Grilled Chicken Tacos .....	5.19
Marinated with chipotle peppers and lime	
Sol Tacos .....	5.39
Seared and slow roasted shredded Angus beef	
Classic Tacos .....	5.19
Seasoned & spiced Angus beef	
Carnitas Tacos .....	5.19
Slow roasted pulled pork	
Tofu Tacos .....	5.19
Marinated and blackened	
Surf Tacos .....	5.99
Soft shell, breaded shrimp with chipotle lime sour cream, guacamole, avocado, salsa fresca, lettuce, and fresh cilantro	
Bean Tacos .....	3.99
Refried pinto beans or black beans	

# Quesadillas

Quesadillas .....	6.79
Chicken, pork, beef or tofu fused together with melted cheese and fresh tomato, with sour cream and fresh salsa	
Veggi-dilla .....	6.59
Tomato, mushroom, pepper & onion quesadilla with sour cream and fresh salsa. Add tofu .....	
Cheese quesadilla .....	4.79

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